

MITCHELL LUNCH MENU

MIDDLE SCHOOL

JANUARY 2022



****All meals come with choice of Milk and Garden Bar**

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
	Mini Tacos w/ Cheese OR Super Nachos	Chicken Fries OR Chicken Wings	French Toast Sticks OR Breakfast Burrito	Garlic Cheese French Bread Pizza w/ Marinara Sauce OR Meat-Lovers Pizza
NO SCHOOL	Refried Beans	Cheesy Hashbrown Bites	Tater Tots	Celery Sticks
	Carrots	Broccoli	Sausage Patty	Peaches
	Pineapple	Mixed Fruit	Applesauce	Brownie
	*GRAB N GO LUNCH	*GRAB N GO LUNCH	*GRAB N GO LUNCH	*GRAB N GO LUNCH
Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Hamburger w/ Bun OR Mini Corn Dogs	Soft Shell Taco OR Chicken Quesadilla	Chicken Alfredo Penne Pasta OR Mac & Cheese	Sloppy Joe Sandwich OR Hot Ham & Cheese Sandwich	Pepperoni Pizza OR Buffalo Chicken Pizza
French Fries	Fiesta Beans	Broccoli	Baked Beans	Carrots
Pear	Apple	Mini Garlic Toast	Celery Sticks	Peaches
		Orange	Pineapple	Swirl Cup
*GRAB N GO LUNCH	*GRAB N GO LUNCH	*GRAB N GO LUNCH	*GRAB N GO LUNCH	*GRAB N GO LUNCH
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
	Walking Taco OR Fiestada Pizza	Chicken Tenders OR Pork Fritter	Spaghetti & Meatballs w/ Breadstick OR	4 Cheese Pizza OR Meat-Lovers Pizza
NO SCHOOL	Refried Beans	Mashed Potatoes w/ Gravy	Cheese sticks w/ Marinara Sauce Broccoli	Carrots Mix Fruit
STAFF DEVELOPMENT	Apple *GRAB N GO LUNCH	Banana *GRAB N GO LUNCH	Orange *GRAB N GO LUNCH	Celebration Bar *GRAB N GO LUNCH
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Breakfast on a Stick OR Breakfast Burrito	Nacho Tots OR Crispito w/ Cheese	Chicken Nuggets OR Hot Italian Sandwich	Bratwurst w/ Bun OR Mini Corn Dogs	Cheese Sticks w/ Marinara Sauce OR Buffalo Chicken Pizza
Tater Tots	Fiesta Beans	Mac & Cheese	Baked Beans	Celery Sticks
Sausage Patty	Pineapple	Green Beans	Carrots	Pear
Applesauce, Juice	Churro	Banana	Chips	Swirl Cup
*GRAB N GO LUNCH	*GRAB N GO LUNCH	*GRAB N GO LUNCH	*GRAB N GO LUNCH	*GRAB N GO LUNCH
Monday 31	Tuesday	Wednesday	Thursday	Friday
Roast Beef Sandwich OR Shrimp Poppers				
Curly Fries				
Mixed Fruit				
*GRAB N GO LUNCH				

***Menu is subject to change. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write, USDA, Director of Civil Rights, 1400 Independence Avenue S>W., or call (800)798-3272 (voice) or (202)720-6382(TTY). USDA is an equal opportunity provider and employer.**